

engage in conversations or interact with people around you. This can affect your relationships with friends and family.

Distraction: Wearing earphones while walking, cycling, or even crossing the road can be dangerous. It distracts you from your surroundings, making you less aware of potential hazards. Accidents can happen when you are not fully alert to your environment.

Ear Infections: Using earphones for extended periods can create a warm and moist environment inside your ears, which can be a breeding ground for bacteria. This can increase the risk of ear infections. It's essential to keep your earphones clean and avoid sharing them with others.



Tangled Wires: Wired earphones can be a hassle to deal with, as they often get tangled in pockets or bags. Untangling them can be frustrating and time-consuming.

In conclusion, while earphones offer convenience and entertainment, it's important to be aware of their disadvantages. To enjoy the benefits of earphones

without falling victim to their drawbacks, it's crucial to use them responsibly. This means keeping the volume at safe levels, staying alert to your surroundings, and taking care of your ear health. By being mindful of these disadvantages, you can make better choices when using earphones and protect your well-being.

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5) What can happen if earphones limit your awareness of your environment?

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