

The Dairy Group

Identify the dairy food from the description and write its name in the space provided.

- 1) I am formed when milk is fermented. I feel like pudding when touched, and I help enhance your digestion.

Who am I? _____

- 2) I am a white liquid that provides the body with vitamins and minerals. You taste me in different flavors, such as chocolate, strawberry, and vanilla.

Who am I? _____

- 3) I come in various forms, but I mostly appear as mozzarella and cheddar. As Parmesan, I am hard and have a strong flavor. You can't make pizza without me.

Who am I? _____

- 4) I am a cool solid food, and I'm better off staying in your freezer. If you leave me in the heat, I become water. Everyone thinks of me at least once on a hot day.

Who am I? _____

- 5) I am a pale yellow solid food. I help many a food taste twice as yummy. Spread on bread, I taste heavenly.

Who am I? _____