

Food Groups

Read each statement and color "True" or "False" as appropriate.

- | | True | False |
|---|-----------------------|-----------------------|
| 1) Fish and chicken are examples of dairy. | <input type="radio"/> | <input type="radio"/> |
| 2) Dairy products are rich in carbohydrates. | <input type="radio"/> | <input type="radio"/> |
| 3) C | | <input type="radio"/> |
| 4) V | | <input type="radio"/> |
| 5) F | | <input type="radio"/> |
| 6) C | | <input type="radio"/> |
| 7) V | | <input type="radio"/> |
| 8) Eggs are a good source of carbohydrates. | <input type="radio"/> | <input type="radio"/> |
| 9) Cheese and yogurt are examples of dairy. | <input type="radio"/> | <input type="radio"/> |
| 10) Fruit and vegetables contain important minerals and vitamins. | <input type="radio"/> | <input type="radio"/> |

Preview

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