Solving Compound Inequalities

Solve each inequality.

1)
$$x + 5 < 8$$
 and $2x < -12$

2)
$$11 \le 3 + y \text{ or } 1 + 3y > 4$$

3)
$$-6 < 2a - 4 \le -10$$

4)
$$2b + 1 < 3$$
 and $3b + 4 \le -8$

5)
$$7u - 3 > 4 \text{ or } u + 2 \ge 9$$

6)
$$n-2 \le 3 \text{ and } \frac{n}{7} \le 8$$

8)
$$6n - 10 \le 14 \text{ or } 9n \le 18$$