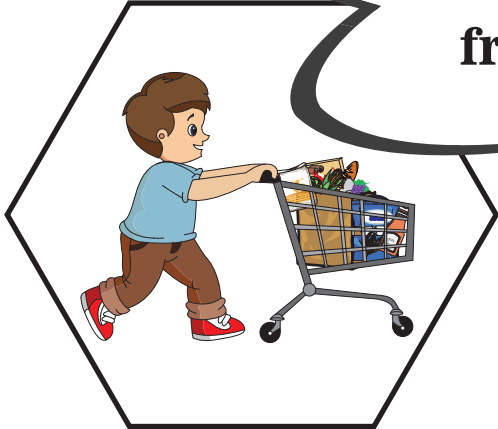# Push and Pull

Push

A push is a force that causes the object to move away from the person applying the force.

Pull

A pull is a force that tends to move the object toward the person applying the force.